



1 in 4 women and 1 in 7 men will experience domestic violence in their lifetime. The Domestic Violence Shelter, located in Mansfield, has been working for over 40 years to support people as they remove themselves from dangerous situations and help individuals in the community learn how to prevent violence from starting. Support The Shelter by running or walking in our 2nd annual 5k.

RACE INFORMATION

Date: October 30, 2022

Location: North Lake Park, 625 Hope Road, Mansfield, OH 44903

Time: 2.00pm

REGISTRATION

Pre-Register: <https://runsignup.com/Race/OH/Mansfield/RunfortheOne5K> -OR- mail form to The Domestic Violence Shelter, Attn: Sarah Hastings, P.O. Box 1524, Mansfield, OH 44901

Race Day Registration: 12.30 – 1.30pm at North Lake Park

Entry Fee: \$25 by October 9, 2022
\$30 after October 9, 2022 and no guaranteed race shirt

Top Overall Female/Male, Top Female/Male in each of the following divisions: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+, and Best Costume Children/Adults will receive an award

First Name: _____ Last Name: _____
 Phone: _____ E-mail _____ Age on race day: _____
 Address: _____
 City/State/Zip: _____
 Gender: F M T-shirt size: Adult: S M L XL 2XL (\$2 extra) Youth: S M L
Additional donation to the Domestic Violence Shelter: \$ _____

Waiver and Release: In consideration of the acceptance of the entry, I waive, for myself and my heirs, all claims of damages against the sponsors of the Run for the One 5k, their representatives, and all race officials and volunteers for any injuries received during and as a result of this event. If I should suffer injury or illness, I authorize the race officials to use their discretion to have me treated and be transported to a medical facility. I take full responsibility for this action. I certify that I am physically fit and have sufficiently prepared myself for this event.

Participant signature (or parent/guardian if under 18) _____ Date _____

*** Make Checks payable to: The Domestic Violence Shelter
(please write "Run for the One 5k" on the memo line)**



Bob & Bob Door Co.
 Directions Credit Union
 Hess Industries Ltd.
 Park National Bank
 Rinehart, Walters, Danner and Associates Insurance
 Richland County Prosecutor
 Richland Source
 Mechanic's Bank
 Nanogate North America LLC
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